



NATURAL WOOD, UNNATURAL PERFORMANCE

THERMOWOOD HANDBOOK

www.cfpwoods.com

PREFACE

Let us highlight some of the key benefits our thermally modified wood offers over traditional wood options. The thermal modification process alters the wood's internal cell structure that results in greatly reducing the wood's ability to accept moisture. Our entire process is natural and non-toxic which is an added benefit when specifying green building products. It greatly increases durability, lifetime performance and resistance to mold and rot. There is growing demand for our thermally modified wood as a reliable decking, siding and wall coverings option.



MAJOR FEATURES OF THERMO-TREATED WOOD

| Parameter | Effect | Comments |
|-------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Equilibrium moisture | Reduced 50% compared untreated wood. The difference is higher, the relative humidity is higher. | This difference remained after years of exposure. After thermo treatment the wood is dry - moisture content is 4-6%. |
| Dimensional stability | The swelling and shrinkage (both tangential and radial) reduces 3-5 times for softwoods and up to 15 times for hardwoods. This parameter is strongly depends on the relative humidity (at 100% reduces 2 times for softwoods and 3-5 times for hardwoods) | This because of the decrease in absorptive qualities, lower equilibrium moisture content and also due to lignin depolymerization the length of chains of cellulose decreases and this leads to the deformations decrease. |
| Color | Attractive golden brown appearance and even color at all depth. | The color is affected by the treatment temperature and time. It is possible to receive several gradations of color based on the process. |
| Appearance | Attractive golden brown appearance and even color at all depth. Color becomes more sated and homogeneous on all section; the structure of wood effectively comes to light. | The color is affected by the treatment temperature and time. It is possible to receive several gradations of color based on the process. The effect of valuable breeds of wood is reached. |
| Density | Lower density at 5-10%. | Due to the emissions during the thermo-treatment process and lower equilibrium moisture content. This feature might improve the cost-efficiency of shipping of the treated material. |
| Cell structure | Changes as if after ageing for 120-250 years. | The color is affected by the treatment temperature and time. It is possible to receive several gradations of color based on the process. The effect of valuable breeds of wood is reached while the absorption of moisture is decreased. |
| Resin | Is almost fully removed. | |
| Brinell hardness | Increases as the treatment temperature increases. However, the relative change is very small, as the density decreases. | Certain kinds of timber change their place on the hardness scale, as some of them become harder, while others softer as a result of the treatment temperature and specie. |
| Permeability | The water uptake reduced up to 5 times depending on treatment temperature. | The surface of the thermo-treated wood is not porous but solid, also the chemical composition of the wood changes. Reduced water absorption has to be taken into account when working with water solvent glue or paint. |
| Thermal conductivity | Decreased by 10-30%. | Thanks to the lower water content and structural changes. |
| Fire resistance | The same as non-treated wood. Thermo-treated wood is in fire class D. | The time of ignition a little decreased, but better than the normally dried softwoods in terms of heat and smoke release. |
| Resistance to insect attack and termites | Significantly increased resistance to the hardwood and softwood insects, but only a little increased resistance to the termites (it is expected that termites will choose normal wood over thermo-treated). | Tests have been carried out in Europe to evaluate the resistance to attack from the three most common wood boring insects found in Europe. House Longhorn beetles (<i>Hylotrupes bajulus</i>) are found in the sapwood of softwood, the common furniture beetle (<i>Anobium punctatum</i>) preferentially attacks hardwoods and the Powderpost beetle (<i>Lyctus brunneus</i>) is found in some hardwood species. The results of the tests found that thermo treated wood was resistant to all three of the above insect species. Southern European Subterranean termites (<i>Reticulitermes</i> spp) found in Europe only attack buildings from the earth below, avoid-ing direct sunlight where possible. Termites will attack both wood and concrete based materials in their quest for a strong food base. Various measures have been developed to control the problem including polythene membranes being installed in the foundations and various bituminous paint products are available to seal possible routes up the building. |
| Rot resistance | Improved. | However it is not suitable for conditions where it would be saturated with water or in prolonged contact with damp ground. |

| Parameter | Effect | Comments |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Biological durability | European tests on biological durability of thermo treated wood in EN 113, ENV 807 standards showed significantly improved level of resistance against fungi attack (15-25 times) depending on treatment temperature. | Thermo-treated wood does not require any chemical protection. Due to high heat of processing in wood decay hemi-cellulose and poly-sugars, that on a background of low equilibrium humidity eliminates conditions for occurrence and duplication of a fungus and microorganisms. Biodamaging agents (insects and those lar-vae, bacteria, fungi and their disputes) are destroyed. According to tests the wood, treated at 410F should obtain durability class 2; upper 430F with 3 hours of treatment is class 1 (30 years service life outdoor). The best results can be achieved when the material is used in above ground applications with good ventilation and no water-trapping. |
| Weather resistance | As every natural material exposed to weather ef-fects (ultraviolet radiation and rain) it will start to grey without coating in approximately one summer. When left without surface protection small surface shakes can also appear. Level of surface shakes for treatment below 445F (softwood) is the same than untreated material, for the higher temperatures and hardwoods the result is insignificantly better. | As the thermo-treated wood has even brown color in depth, the original color can be easily restored by simply sanding the sur-face. Or recommended to apply a pigment based surface protec-tion to prevent color changes and surface shakes. Strongly recommended apply of high-build stains and oils protected (the best are priming oil and solvent-based alkyd or water-based acrylic topcoat), otherwise the low-build coatings wore away and annual rings started to loosen just as in the panels without coat-ing. The panels coated with the low-build stains showed a strong tendency to crack. Due to bacteria in the air or dirt carried in the rain, fungi can grow on the untreated surface. However, this is on the surface only and can be removed by wiping or scraping. |
| Ground contact | Not recommended to be used in deep ground ap-plications where structural performance is required. | It is assumed that the indicated loss of strength is due to moisture and to any micro-organism. However practical experience has found that usage of highest temperature treated material in ground contact where structural performance is not critical and periodic drying of the surfaces is allowed does not cause any sig-nificant deterioration to the material. This is especially apparent when the ground has good drainage and is made up of sand or shingle. |
| Emissions | Total volatile organic compounds are significantly lower (250-800 mg/m2h) than with normal kiln dried material (1500 mg/m2h). | The most of thermo-treated wood emission is acetic acid (110 mg/m2h). The smoke-like smell that comes out of thermo-treated wood (most likely comes from furfural) disappears almost totally with time or after coating. |
| Environmental purity | Absolutely. | The thermo-treatment is made without insertion of any chemicals. With guarantees at least the same class of durability as the chem-ically protected wood, thermo-treated wood holds no danger for the environment. |
| Utilization | Needs no additional conservation | Can be easily utilized at the end of its life cycle unlike the chem-ically treated lumber. |
| General strength | Reduced proportionally the density reduction. | Generally the strength of wood has strong correlation with den-sity. Thermo treated wood has slightly lower density and corre-lated lower strength values, but weight-strength-value can be practically unchanged. |
| Bending strength | Lower (1-30%) especially for lumber with knots and highly depends on treatment temperature. | It is recommended that deep thermo treated wood is NOT used for load bearing structural usage. On the other hand, it was found that the light treatment renders positive influence on elasticity of molecules of wood. |
| Dynamic bending strength | Lower (1-25%) especially for lumber with knots and highly depends on treatment temperature. | |
| Compression strength | The thermo-treatment process has no negative ef-fect on the compression strength values. More-over, in some cases results better, than for dried up wood. | This property depends mainly on density of wood. |
| Shear strength | Radial values reduced 1-25 percent and tangential values 1-40 percent. | Highly depends on treatment temperature. |
| Splitting strength | Reduces 20 -40 percent depending on treatment temperature. | Hardwoods show better results than softwoods. |
| Screw holding strength | The screw holding strength has strong correlation with density. Bigger effect on screw holding strength comes from the general variance in wood density than thermo-treatment process. | It was found that the results were better when narrower pre-drill holes were used for material with lower density. |

WORKING WITH THERMALLY TREATED WOOD

The performance of Thermo-treated wood differs from normal wood. As the wood has become brittle, sharp blades have to be used to prevent the wood from ripping. The wood dust coming from the process is very finely divided and dry. Thermo-treated wood is suitable for jobs involving gluing with all glue and paint types. When water-based glue or paint is used, the longer drying time due to diminished absorption of water must be taken into consideration (mostly for softwoods). Normal painting and gluing processes present no problems with hardwoods. The darkened color created in the process is not durable in UV-light, unless the surface is treated with UV-resistant coating. This also enhances the product's performance against checking. Thermo-treated wood is more susceptible to mechanical damages compared to untreated wood. Thermo-treated wood can be sawn and worked in the same way as untreated lumber. It is easy to use all sorts of hand tools for cutting, drilling and planing. An excellent surface can be created without any difficulty, and drilling through knots is also easy.

Storage.

Thermo-treated wood can be stored for unlimited time in a dry place, including unheated warehouse. The packages should be stored off the ground and flat with sufficient supports between packs to avoid distortion.

Raw material.

Preliminary K/D must be soft and slow to avoid honeycombs and reduce tension. It is very important to select raw material without heart shakes, soft rot and dead knots, which are likely to drop out during thermo treatment. Sideboard material is less suitable for thermo treatment process. More vertical grained material leads to better end results.

Mechanical treatment.

All working techniques (sawing, planing, milling, drilling, turning and sanding) can be carried out with the regular tools and according to established working practices. To achieve the best results the use of well-sharpened hard metal blades is recommended. The following measures can lead to further improvements in quality:

- ✓ Increasing the cutting angle and also if possible, the clearance angle
- ✓ Increasing cutting speed
- ✓ Using tools with the highest possible number of blades
- ✓ Using parallel feed whenever possible

Due to the intensity of thermo treated wood is more brittle than untreated wood and therefore sharp edges (via chamfering or rounding) should be avoided.

Fixing:

Adhesive Fixing:

Since the wood is entirely dried out, cases of insufficient adhesive strength may arise. It is important to carefully check if the required adhesive stability can be achieved when using water-based glues. Water-based glues, such as PVA requires longer compression and drying time when applied to softwoods. No significant difference for thermo-treated hardwoods when compared with non-treated wood. Due to brittleness of thermo-treated wood high compression pressures should be avoided. The glue used should also contain a high proportion of solid material.

Chemically hardening glues (such as polyurethane, glue based on polyvinyl acetate + hardener, resorcinol phenol and melamine resin) can be used with thermo-treated wood in the same way as with non-treated wood. As levels of expansion and contraction in thermo-treated wood are 50% lower than ordinary wood, it cannot simply be attached to un-treated wood. In these cases, careful preparation of both the thermo-treated and untreated wood is necessary. If raw plugs are to be used, then these should also be thermo-treated.

Alternatively, plastic raw plugs could be used.

Up to now, no guaranteed results have been obtained on the performance of thermo-treated wood when adhesives are applied for external use. It is recommended not to use glue for external use.

When gluing thermo-treated wood, the glue manufacturer's specific instructions must always be referred to.

Screwing:

Thermo-treatment reduces splitting strength of wood. The use of self-tapping or countersinking screws or pre-drilling of holes must be made to avoid cracking of the material. It is recommended to use less threaded screws compared with untreated wood. Stainless steel screws with countersunk heads are most suitable in outdoor applications.

Nailing:

When fixing thermo-treated wood it is extremely important to use stainless steel – rust free or fully galvanized nails. Using normal wire nails or staples will lead to rust stains and overall deterioration in the fixing. Small oval head nails reduce the risk of splitting. Nails should be sunk to a depth of about 1/16”.

Best results are gained when using a compressed air nail gun with adjustable nailing depth on the gun. Attention must be paid to the correct pressure and the nailer’s drive length.

Using a normal hammer increases risk of splitting due to accidental hammer contact with the wood.

Due to the brittleness fixing with nails, nail plates (gang nails) and staples is only of limited use of the material.

Recommended amount of fixings and positioning.

The nail position from the bottom of the board must be a minimum 2 times and maximum 3 times the thickness of the board. When fixing also at the upper part of the board the nail should be positioned minimum 2 times and maximum 3 times the thickness of the board at its thickest point down from the top of the board. The importance of this is that there should be sufficient overlap between adjacent boards, but it is important not to have the fixing too close to the point where the overlap occurs. It is absolutely crucial that the fixings are not positioned through the two adjoining boards. A sufficient clearance gap between each board should be maintained to allow for tangential movement and also free space for drying when the material is wet. The recommended clearance gap is between 2–3% of the total width of the board.

Planing:

Planing of thermo-treated wood can be made by using standard planing machines, which work well and also the surface quality is high. Good results are achieved with hard metal blades in cutters - the best results are achieved with carbide-tipped cutters.

Some care should be taken in the set up of the infeed rollers to reduce the risk of material cracking. Due to the cupping of pieces that may occur as a result of thermo treatment it is recommended that when planing pieces not previously re-cut to change the infeed roller to one that has two narrow wheels so the contact with the piece is at the outer edges of the convex face. Alternatively, a single narrow wheel can be used so that the piece is turned with the convex face down.

Both methods enable a flat surface to be formed as the piece proceeds through the planer, thus reducing the risk of surface cracking and enabling higher infeed roller pressure. In order to avoid cracking of the boards, it is advisable to make a flat base surface with a planer or band saw first before profiling.

Due to the lack of resin thermo treated pieces cause less friction during infeed and enable a smoother planing process. On the other hand, since the strength of the material is lower, the infeed rollers must be adjusted to lower pressures to avoid cracking of the boards. In some planing lines, the infeed speed must also be decreased (with correspondingly decreasing of rotation speed of the cutters). The exact thermo- treated wood planing parameters are set separately for each planing machine.

To achieve the best possible planing results and minimize loosening of the wood’s annual rings, it is recommended to use material that has been cut as parallel to the grain as possible. In addition, considering the best face of the board when planing improves the result. There is a close connection between the infeed roller type and pressure, the grain direction, cupping, cutter sharpness, and throughput speed. When these variables are carefully harmonized, the best results are achieved.

To avoid the risk of year ring loosening in end use it is important to plane the weather exposed surface to the outer side of the board and the heart side/pith to the backside or under side.

The raw material quality and number, size and type of knots has an effect on dulling of the cutters. Results have found that planing the boards so that the bottom end of the tree is put to the planer first brings better results. Too high pressure from the rollers and incorrect angles on the cutters can cause delaminating and year ring loosening.

Efficient dust extractions systems will be needed.

It has been found that with higher moisture contents the planing results improve. The standard moisture content of thermo-treated wood ranges from 3-5%, this moisture content fit will the equilibrium moisture content in relative humidity of 65%. If the moisture content is made too high then it can lead to shrinkage in end use especially if the product is to be used internally where the relative humidity is low.

It is important also to have a minimal gradient between surface and middle of the wood piece, too larger gradient can lead to distortion immediately after planing or deep cutting. Too larger gradient can also lead to the risk of surface fissures occurring.

Sawing:

Sawing of thermo treated wood does not differ from sawing of untreated wood. Sharp tools are recommended to achieve the best results. As the resinous substances have been removed during the thermo treatment process, the machines work well and are cleaner after processing.

Since gap-toothed saw blades can cause chipping in the edges of thermo treated pieces, fine-toothed blades are recommended. Blades with carbide or similar tips extend the saw blade's maintenance and sharpening intervals.

Milling:

In order to achieve a good surface quality – especially in milling – the cutters must be sharp; otherwise tearing will occur. A higher level of tearing was observed when the wood was milled across the grain. The greatest problems with tearing occurred at the start of the milling and at the end, when the cutter comes out of the wood. The cutting speed also affects the result. Milling thermo treated wood can be regarded as similar to working with hard, brittle hardwoods. It was found that the working order has an influence on the working properties of wood. The best results were achieved when there was enough solid wood material behind the cutter. Therefore, processing must be preplanned carefully. The cutters wear more slowly than with normal wood.

Sanding:

General working is equivalent to working with untreated wood; no problems have been reported. In many cases there is no need for sanding, as thermo treated wood has a good surface quality after planing or milling. The dust generated has a small particle size, which is to be taken into account in planning dust extraction.

Surface treatment:

Reduced equilibrium moisture content of thermo treated wood improves its stability, which in turn reduces the cracking and flaking of the surface coating in changing weather conditions.

To prevent color changes and surface shakes it is recommended that surface treatment against ultra violet radiation is used. Normal painting processes present no problems, but when electrostatic painting is used, thermo-treated wood requires extra moisturizing. Coatings specifically designed for timber (such as water-borne, solvent-borne (sometimes referred to as oil based) or high solids solvent-borne in nature) can be used.

To prevent color changes, the treatment substance should contain pigment. This usually results in a slightly darker appearance. Different surface treatments have different maintenance intervals.

Because of the wood's natural state, some boards may check, or crack, more than others. This checking has no effect on the long-term durability of the product, nor does it affect Thermo-treated Products resistance to rot and decay. To enhance the product's performance against checking we recommend to apply the UV-protection sealant. We recommend a semi-transparent or clear treatment, which will allow the beautiful wood grain of Thermo-treated wood Products to show. One of the options is to use Penofin clear.

The end protection is very important to decrease water absorption through the end-grains.

Health and safety:

There is no major difference in health and safety considerations for thermo treated wood as compared to untreated lumber. The only detectable differences: the smell of the material and the dust generated in the processing of thermo treated wood.

Thermo-treated wood has a smoke-like smell, which likely comes from chemical compounds called furfurals.

Although the smell is easily detectable and seems stronger than that of untreated wood, the tests show opposite results.

In processing of thermo-treated wood, special attention has to be paid to the operation of an appropriate dust extraction system. The standard dust extraction systems in industrial environments meet this requirement without requiring special adjustments.

Persons who are exposed to the dust on a daily basis should protect themselves with, for example, dust masks. When gluing or painting thermo treated wood, always follow the paint or adhesive manufacturers' specific health and safety instructions.

Handling of residual and discarded products:

When not glued or painted, thermo treated wood waste can be handled like any other untreated wood waste. Thermo treated wood can be burned. Pelleting and briquetting is possible, if a mixture with normal sawdust is used.